



WEEK OF: August 21-27, 2023

ALWAYS FORWARD

	Monday – 8/21/2023	Tuesday – 8/22/2023	Wednesday – 8/23/2023	Thursday – 8/24/2023	Friday – 8/25/2023	Saturday 8/26/2023
	ASSEMBLY SCHEDULE	TUESDAY SCHEDULE	BLOCK EVEN SCHEDULE	BLOCK ODD SCHEDULE	FRIDAY SCHEDULE	
STUDENTS	Menu Freshed Baked Muffins Mac & Cheese w/ Roll PE Clothes Pick-up during PE Welcome Back T-Birds Student Information Assembly GYM 0 – 7:20-8:10 1 – 8:15-9:00 2 – 9:05-11:00 7TH -9:05-10:00 8TH – 10:05-11:00 BREAK – 11:00-11:15 3 – 11:20-12:05 4 – 12:10-12:55 LUNCH – 12:55-1:30 6 – 1:35-2:20 7 – 2:25-3:10	Menu Fresh Cinnamon Roll Hot Chicken Bites w/ Roll PE Clothes Pick-up during PE	Menu Fresh Baked Muffins Orange Chicken Rice Bowl PE Clothes Pick-up during PE	Menu Fresh Cinnamon Roll Cheeseburger w/Chips PE Clothes Pick-up during PE KASTNER DANCE! 6-8pm GYM	Menu Egg, Ham & Cheese Bar Nacho's w/ Taco Meat PE Clothes Pick-up during PE Picture Day (During PE) Fundraiser Kick-Off!	
ATHLETICS	SPORTS PRACTICE: Cross Country 6-7:30 am Girls Tennis 6:30-7:30 am Football 3:30-5:30 Girls VB 3:30-5:30 G WP 3:30-5:30- B WP 5:30-7 Girls Golf 3:45-5 @VGC Competition Cheer 6:00-8:00pm MPR	SPORTS PRACTICE: Cross Country 6-7:30 am Girls Tennis 6:30-7:30 am Football 3:30-5:30 Girls VB 3:30-5:30 G WP 3:30-5:30- B WP 5:30-7 Girls Golf 3:45-5 @VGC KIT Colorguard 3:30-5:30pm MPR	SPORTS PRACTICE: Cross Country 6-7:30 am Girls Tennis 6:30-7:30 am Football 3:30-5:30 Girls VB 3:30-5:30 G WP 3:30-5:30- B WP 5:30-7 Girls Golf 3:45-5 @VGC	SPORTS PRACTICE: Cross Country 6-7:30 am Girls Tennis 6:30-7:30am Football 3:30-5:30 Girls VB 3:30-5:30 G WP 3:30-5:30- B WP 5:30-7 Girls Golf 3:45-5 @VGC Competition Cheer 6:00-8:00pm MPR	SPORTS PRACTICE: Cross Country 6-7:30 am Girls Tennis 6:30-7:30 am Football 3:30-5:30 Girls VB 3:30-5:30 G WP 3:30-5:30- B WP 5:30-7 Girls Golf 3:45-5 @VGC	Football Carnival @ VMS 8:30-1:10 PM SUNDAY 8/27/2022